

Discovering immune health with daily

Superfood - Spirulina



THE IMMUNE SYSTEM



EFFECT OF SPIRULINA ON OUR IMMUNE SYSTEM

In Vitro + **In Vivo**

Scientific Research

Spirulina polysaccharides have potential antibacterial activity (In-Vitro Minimal Inhibitory Concentration assay) and helps maintain healthy innate immunity.^{1,2,3}

Spirulina's phenolic and cell wall compounds can promote growth of beneficial microorganisms in gut microbiota.⁴

Phycocyanin is known for its anti-oxidative benefits and Spirulina for support to immune signaling.⁵

free radical antioxidant

Enhances cellular recovery by managing oxidative stress.^{6,7}

KEY NUTRIENTS AND BENEFITS



PIGMENT CAROTENOID
Antioxidant properties⁸



PIGMENT PHYCOCYANIN
Immune support^{1,4}



SULPHATED POLYSACCHARIDES
Immunity properties⁹



CONTAINS ALL THE ESSENTIAL AMINO ACIDS
A plant protein with all the required amino acids the body can not make.¹⁰



IRON
Present in a chelated form for absorption¹¹



To know more about immunity and spirulina please view our white paper