



FemCOOL™

Hot Flash Formula

FemCool™ provides perimenopausal and menopausal women relief from hot flashes and other menopause-related discomforts.

FemCool contains HMRLignan™ which has been shown to substantially reduce the frequency of hot flashes by up to 55% and the severity by up to 79%.* HMRLignan™ is a highly bioavailable natural plant-based phytoestrogen that assists the female body in balancing estrogen levels, which has shown to be associated with reduction of hot flashes and improved bone mineral density. This proprietary blend also contains DIM, which supports estrogen metabolism. Our Tomato Lycopene and Cranberry Extract also provide cellular protection in breast and cervical tissue.

Key Features

- ✓ Derived from Norwegian spruce, HMRLignan™ is shown to be 100 times more bioavailable than lignans found in Flaxseed and other sources.
- ✓ FemCool™'s proprietary formulation provides a safe, estrogen balancing effect.
- ✓ FemCool™ also contains vital B Vitamins to support energy and cellular metabolism.
- ✓ Patent-pending formula with pre-clinical results showing efficacy in reduction of hot flashes.

* Udani, et al. 2013. J. Am Col Nutr. 32(6) 428-435.

